Chicken Club Sandwich - Cafe 212

Nutrition Facts

Serving Size 1 serving (381.4g)
Servings Per Container 1

Amount Per Serving

Calories 980	Calories from Fat 540
	% Daily Value*
Total Fat 60g	**92%**
Saturated Fat 17g	**85%**
Trans Fat 0g	
Cholesterol 185mg	**62%**
Sodium 2660mg	**111%**
Total Carbohydrate 38g	**13%**
Dietary Fiber 3g	**12%**
Sugars 5g	
Protein 70g	

Vitamin A 60%	•	Vitamin C 20%	
Calcium 25%	•	Iron 30%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Chicken Breast, Bacon, Tomato, Mustard, Cheese, Lettuce, Mayonnaise, Club Roll.